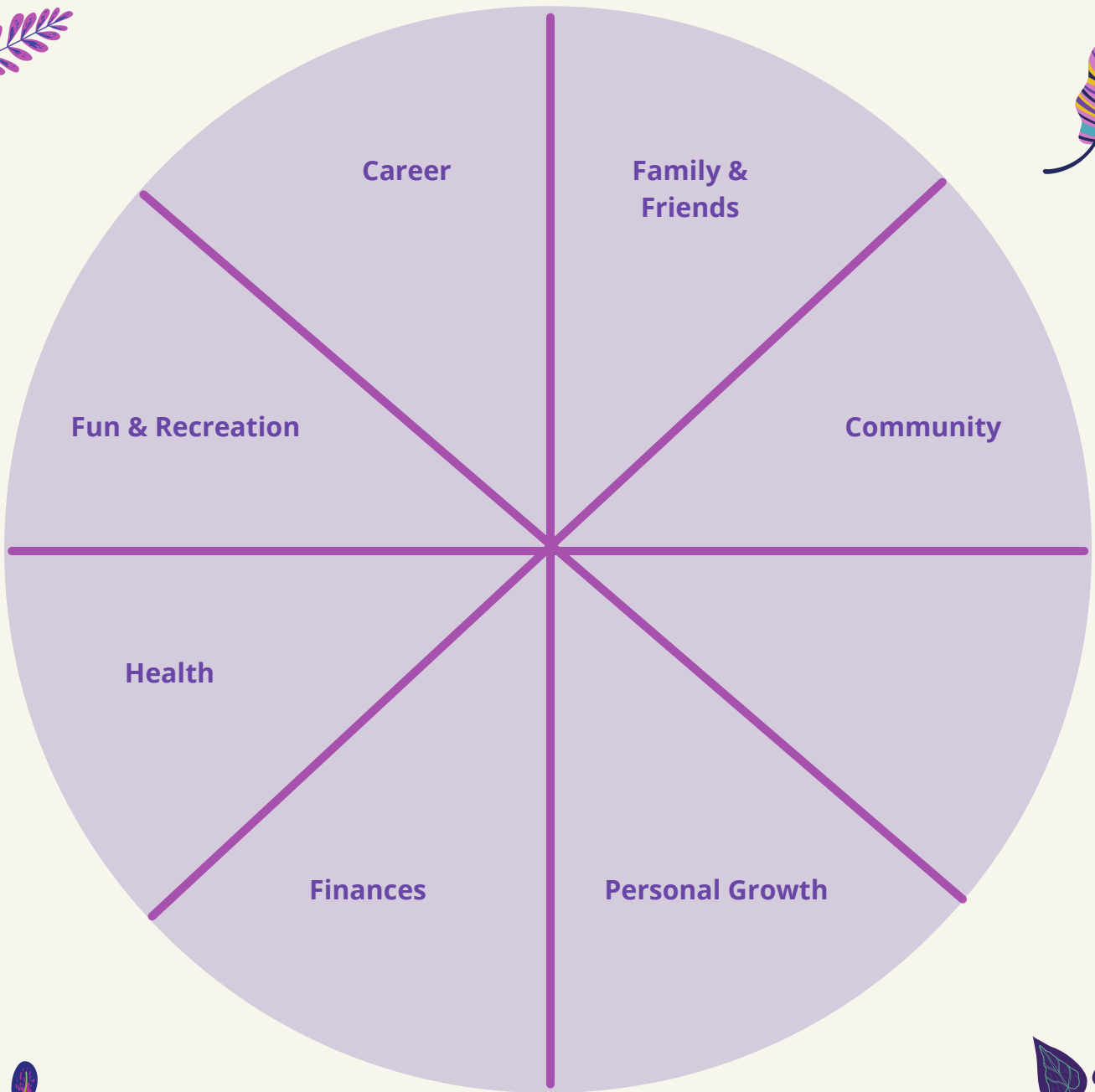




DR. KIM BURNS

IMAGINE THE POSSIBILITIES

# Wheel of Life



Reflect on each area of the Wheel of Life.

Assign a score from 1-10 regarding how satisfied you are.

A 1 represents feeling depleted and challenging. A 10 represents abundance and joy.

Use the blank space to rate an additional area of your life that is meaningful to you.